

DR. KIM'S Summer Bucket List

OUTDOOR ACTIVITIES

- Water Balloon Fight
- Plant a Garden
- Play at the Park
- Have a Picnic
- Go on a Hike
- Go on a Nature Scavenger Hunt
- Play in Sprinklers
- Create a Wildflower Bouquet
- Blow Bubbles
- Find Cloud Animals
- Play in the Sand

ON THE ROAD

- Visit a Museum
- Take a Road Trip
- Go to the Beach
- Visit the Zoo
- Visit an Aquarium
- Visit a new Restaurant
- Go to the Movies
- Go to a Fair
- Go to the Library
- Play Mini Golf
- Go Bowling
- Visit a Theme Park

KEEP ON MOVING

- Go Swimming
- Ride a Bike
- Have a Dance Party

INDOOR ACTIVITIES

- Build a Fort
- Create an Obstacle Course
- Play a Card Game
- Play a Board Game
- Finish a Puzzle

LEARNING IS FUN

- Read a New Book
- Do a Science Experiment

ARTS & CRAFTS

- Paint a Masterpiece
- Do a Craft
- Sidewalk Chalk
- Paint Rocks
- Make Puppets
- Make a Tie Dye Shirt
- Make Slime
- Finger Paint
- Make Sensory Bottles
- Make a Time Capsule

JUST FOR FUN

- Stay up Late
- Sleep In
- Spend a Day in your Pajamas

FAMILY BONDING ACTIVITIES

- Camp in the Backyard
- Family Movie Night
- Family Game Night

BE KIND TO OTHERS

- Volunteer and Give Back
- Send a Letter or Picture to a Friend

YUMMY IN MY TUMMY

- Bake Cookies
- Make Popsicles
- Make a Smoothie
- Make a Pizza
- Try a New Food
- Make S'mores
- Make Lemonade

NIGHTTIME FUN

- Watch the Sunset
- Stargaze
- See Some Fireworks

